



AWARENESS OF MENTAL HEALTH PROBLEMS (DISTANCE LEARNING)

Course Mode	Part-time
Location	Milnthorpe Road Campus (MRC)
Duration	12 Weeks
Level	2



Course Overview

This is a wonderful opportunity to access training in a learner led way. Particularly suitable for those with limited time to attend college and undertake taught sessions but with a keen interest in developing an understanding of a vast array of mental health problems.

This qualification is made up of the following units:

- Understanding mental health
- Understanding stress
- Understanding anxiety
- Understanding phobias
- Understanding depression
- Understanding post-natal depression
- Understanding bipolar disorder
- Understanding schizophrenia
- Understanding dementia
- Understanding eating disorders
- Understanding attention deficit hyperactivity disorder (ADHD)
- Understanding obsessive compulsive disorder (OCD)
- Understanding posttraumatic stress disorder (PTSD)

You will be required to attend a single induction where you will receive a resource pack which includes the modules for your completion. From the induction date the course tends to last 10-12 weeks (subject to discussion with the Assessor) with the final module being due for submission 10

weeks after induction. Module submissions can be hand written in the workbooks provided and posted to college or alternatively, electronic modules can be supplied for submission that way. Your modules will then be assessed with detailed feedback issued.

Entry Requirements

This course is designed for those who work or have an interest in Health and Social Care, including those in a work role and informal/family carers. Learners must be aged 18 or over in order to enrol on the course, be living in England and not taking part in full-time education. Entry is at the discretion of the college. Kendal College will ensure that this course is appropriate for the age and ability of the learner. This may involve an assessment to ensure learners can meet the criteria and comply with the relevant literacy, numeracy, and health and safety aspects of this course.

After your course

Learners who achieve this qualification could progress to the following:

- Level 2 Certificate in Mental Health Problems
- Level 2 Certificate in Common Health Conditions
- Level 2 Certificate in Falls Prevention Awareness
- Level 2 Certificate in Principles of Dementia
- Level 2 Certificate in Principles of End of Life Care
- Level 2 Certificate in Understanding Autism
- Level 2 Certificate in Understanding Behaviours that Challenge
- Level 2 Certificate in Understanding Children and Young People's Mental Health
- Level 2 Certificate in Understanding the Safe Handling of Medication in Health & Social Care
- Principles of Team Leading

Fees

£0.00

Course fees are per year for full-time & degree-level courses, and per course for part-time courses.

The current full-time & degree-level fee information is related to the 2020/21 academic year and is subject to change before the start of the course. Fees for 2021/22 will be updated in the Spring Term 2021. There may also be additional costs associated with the course.

You may qualify for financial support to cover the cost of a government-funded qualification up to and including Level 2, if you:

- Receive an eligible means-tested benefit e.g. JSA, ESA or Universal Credit
- Have an annual salary of less than £17,004
- Are aged 16-18 on 31/08/20 and are not studying at another school/college
- Are aged 19-23 on 31/08/20 and do not already have a Level 1 or 2 qualification
- Have a household income under £25,000 and are in financial hardship

Student Finance

Whether you qualify for student finance depends on specific criteria. The main student finance package for full-time students includes a tuition fee loan and maintenance loan for living costs. Part-time students can access a tuition fee loan to pay for your course.

Generally, you will only get student finance if you're doing your first degree-level qualification. This is true even if your previous course was self-funded.

For further information please see www.gov.uk/student-finance.

Access to Learning Fund

The Access to Learning Fund is a non-repayable discretionary fund that gives students facing hardship extra financial support to access and remain in higher education. This can be accessed via the college. Please speak to [Student Services](#) for more information.