

MOUNTAIN BIKE SUSPENSION

Course Mode

Part-time

Location

Milnthorpe Road Campus

Duration

1 Week

Level

N/A



Course Overview

The course will be held at Mapdec Cycle Works on Westmorland Business Park in Kendal. Mapdec is an independent bicycle workshop and fitness studio. Their team are highly trained and have extensive technical knowledge on bike maintenance, making them ideally placed to guide you through this course. Teaching will take place in their new custom-built classroom, providing the space and resources necessary for you to complete the program successfully.

A one day course - We will be replacing lower leg and air can seals, as well as giving tuning and set up tips. You will start off working on our forks before conducting a service on your own equipment. This is an advanced course, and you should be confident removing both fork and shock from your bike. All oils and tools are supplied but any seal kits used will be extra. The course will focus on RockShox and Fox equipment, but if you have other brands, please check in with the course provider to ensure part availability.

Entry Requirements

N/A

After your course

Following the completion of the course, you will have the confidence to set up and complete basic servicing on your mountain bike suspension on your own. You may also be interested in further other bicycle maintenance courses being run by Mapdec Cycle Works.

Fees

£180.00

The fee displayed is the course fee. Course fees are per year for full-time & degree-level courses, and per course for part-time courses. There may be other costs associated with this course e.g. kit, equipment, books, trips etc.

This course is not funded by the government and is full cost. As such, the course is the price stated for all students. If you are paying for your course, there may be the option to pay by instalments if the course fees are over £200 and the course duration is 15 weeks or more. Please speak to [Student Services](#) for more information on course fees.